

**Combined Snack List - Examples that do and do not meet the
King County Healthy Vending Guidelines**

Manufacturer/Brand	Product (up to the specific size listed)	Varieties	Food Group	Healthiest	Healthier	Notes	Snack Category	Meets HVG/ Exception/ Excluded
479- Premium Artisan Pc	Popcorn	All flavors	grain			varieties contain either too much fat or sugar	popcorn	Excluded
Annie's Homegrown	Bunnies - Cheddar	any that are not "whole wheat"	grain			does not have $\geq 50\%$ whole grain	crackers	Excluded
Annie's Homegrown	Bunny grahams (1 oz)	bunny grahams and bunny graham friends	grain		yes		crackers - graham	Meets HVG
Annie's Homegrown	Whole wheat cheddar bunnies (30g)	whole wheat cheddar only	grain		yes		crackers	Meets HVG
Back to Nature	Granola to Go - Honey Almond (1.5 oz)	honey almond	grain		yes		granola	Meets HVG
Barbara's	Snackimals Cereal	Cinnamon Crunch, Vanilla Blast	grain		yes		cereal	Meets HVG
Barbara's	Barbara's Whole Wheat Fig Bars (38g)	n/a	grain		yes		cookie	Meets HVG

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Barbara's	Snackimals Animal Cookies	all varieties	grain			all flavors except oatmeal does not have whole grain, oatmeal has too much added fat, 1 oz = 2 servings that has too many calories and sugar	cookie	Excluded
Bare fruit	Apple Chips, Dried Fruit (.6 - 2.4 oz)	All varieties	fruit	Yes			fruit snack	Meets HVG
Beanfields	Bean and Rice Chips (1 oz)	All flavors	bean		Yes		chips	Meets HVG
Betty Lou's	Just great stuff bars (1.5 oz)	Fruit and Veggie, Cacao Acai, Superberry Acai, Chocolate Dreams Greens	fruit, veggie, nuts		Yes		bar	Meets HVG
Blue Diamond	Almonds (43g)	Roasted Salted, Whole Natural, Smokehouse	nuts		yes		nuts/seeds/trail mix	Meets HVG

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Boulder Canyon	Bean and Adzuki	All varieties	grain			too much fat (43%), does not have \geq 50% whole grain (bean is 5th ingredient)	chips	Excluded
Boulder Canyon	Kettle Cookied Potato Chips	All varieties	vegetable			too much added fat (42%)	chips	Excluded
Brothers All Natural	Freeze Dried Fruit (3.2-7.2 oz)	Asian pear, banana, fuji apple, pineapple, strawberry, strawberry banana	fruit	Yes			fruit snack	Meets HVG
Brunswick	Albacore Tuna (2.5 oz)	n/a	meat		yes		other	Meets HVG
Bumble Bee	Premium Light Tuna (2.5 oz)	n/a	meat		yes		other	Meets HVG
BuzzStrong's Bakery	Cookies	All varieties	grain			too much sugar, not whole grain	cookie	Excluded
Carman's	Fruit and nuts Bars	All flavors	nuts, fruit		Yes		nuts/seeds/ trail mix	Meets HVG

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Carman's	Porridge Sachets, Rounds, and all other grain products	All flavors	grain		Yes		oatmeal	Meets HVG
Carman's	nuts and Museli Bars - all varieties	all varieties	nuts, grains		yes		bar	Meets HVG
Cascadian Farm	Chewy Granola Bar - only two flavors	Dark Chocolate Cranberry, Vanilla Almond Cherry Trail Mix	grain		yes		bar	Meets HVG
Cascadian Farm	Crunchy Granola Bars (1.42 oz)	Oats and Cocoa, Oats and Honey, Peanut Butter	grain			only has a little additional fat (37-39%) and is 100% whole grain	bar	Exception
Chicken of the Sea	No Drain Tuna (in a can)	All varieties	meat	Yes			other	Meets HVG
CLIF	Builder, CLIF, Luna	All varieties	grain			too much added sugar (11g)	bar	Excluded
CLIF	CLIF Twisted Fruit (20g)	Strawberry and Grape flavors only	fruit		yes		fruit snack	Meets HVG

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CLIF	CLIF Z Bar	Chocolate Chip, Iced Oatmeal Cookie, Monster Chocolate Mint, S'mores	grain			too much added sugar (12g); Chocolate Brownie, Peanut Butter, and Honey Graham are on the exceptions list as they have 10g-11g sugar	bar	Excluded
CLIF	CLIF Z Bar (36 g) - Only 3 varieties	Peanut Butter (10 g sugar), Honey Graham (11g sugar), Chocolate Brownie (11 g sugar)	grain			Has at least 50% whole grain and just a little more added sugar; Other bars have 12g sugar and are excluded	bar	Exception
CLIF	Crunch Granola Bar	All varieties	grain			too much fat (47%)	bar	Excluded
CLIF	Kit Organic Bars (49 g)	All varieties	fruit, nuts	Yes			bar	Meets HVG
CLIF	Mojo Bar	All varieties	grain			does not have >50% whole grain	bar	Excluded

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ConAgra - David	Almonds	Cinnamon Brown Sugar, Lightly Salted, Sea Salt, Wasabi & Soy Sauce, Whole, Natural	nuts		yes		nuts/seeds/ trail mix	Meets HVG
ConAgra - David	Pumpkin and Sunflower Seeds (0.75-2oz)	Pumpkin and Sunflower seeds	seeds		yes		nuts/seeds/ trail mix	Meets HVG
Corozonas	Oatmeal Squares	All varieties	grain			Too much added sugar (13g)	bar	Excluded
Crispy Green	Freezed Dried fruit (10-15g)	all varieties	fruit	yes			fruit snack	Meets HVG
Crunchies	Freezed Dried Fruit (all sizes)	all flavors	fruit	yes			fruit snack	Meets HVG
Crunchies	Freezed Dried Vegetables (2.25 oz)	all flavors	vegetables	yes			vegetable snack	Meets HVG
Dang	Coconut Chips	All	fruit			Too much saturated fat, according to American Dietary Guidelines	fruit snack	Excluded

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Darlington	Appleways - Bars (1.2 oz)	All varieties - apple oatmeal, oatmeal chocolate chip, strawberry	grain			Even though first ingredient is enrichment wheat flour, it has at least 51% whole grain and 8g of whole wheat.	bar	Exception
Darlington	Spikerz Spicy Cracker Bites (.9 oz)	Nacho Cheese, Ranch, Salsa, Chili Cheese	grain		yes		crackers	Meets HVG
Darlington	Whole Grain Breakfast Squares (1.5 oz)	Apple Granola, Iced Cinnamon	grain			too much sugar (13 g)	bar	Excluded
Deep River Snacks	Baked Fries	Jalapeno & Cheddar, Mesquite BBQ	grain			does not have $\geq 50\%$ whole grain	other	Excluded
Deep River Snacks	Baked Fries	Jalapeno, Mesquite BBQ	grain			does not have $\geq 50\%$ whole grain	other	Excluded
Del Monte	Squeezable Fruit Tube (1 tube)	All varieties	fruit		yes		fruit snack	Meets HVG
Del Monte	Fruit cups (4-6.5 oz) - in light syrup	all - in light syrup	fruit		yes		fruit cup	Meets HVG

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Del Monte	Fruit naturals - no sugar added or 100% juice (4oz-6.5 oz)	peach, grapefruit, pineapple tidbits	fruit	yes			fruit cup	Meets HVG
Dole	Fruit bowls in 100% juice (3.4-7 oz)	all	fruit		yes		fruit cup	Meets HVG
Earth's Best	Organic Apple Sauce (4 oz)	apple sauce	fruit	yes			fruit cup	Meets HVG
Eden	Pocket snacks (1 oz)	all	nuts, seeds, fruit	Yes			nuts/seeds/ trail mix	Meets HVG
Enjoy Life	Chewy Bar - SunButter Crunch Only (28g)	SunButter Crunch	seed		yes	free of gluten, dairy, nuts, and dairy	bar	Meets HVG
Epic	Meat fruit bars (43 g)	Bison bacon cranberry, beef habanero cherry, turkey almond cranberry	Meat, fruit		Yes		jerky	Meets HVG
Farley's & Sathers	Now & Later's, Mixed Fruit Snacks	all	fruit			candy not made of real fruit, too much added sugar	candy	Excluded
Fieldstone Bakery	Chewy Granola bars - all	All varieties	grain			too much saturated fat (20%)	bar	Excluded

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Fieldstone Bakery	Delight Pastries	All varieties	grain			too many calories and sugar	pastry	Excluded
Fieldstone Bakery	Fruit and Grain Bars	All varieties	grain			too much sugar	bar	Excluded
Fieldstone Bakery	Totally - Bars (1 oz)	Apple Cinnamon, Chocolate Chip	grains		Yes		bar	Meets HVG
Food Should Taste Good	Tortila Chips	All varieties - Jalapeno, Olive, Multigrain, etc	grains			does not have $\geq 50\%$ whole grain	chips	Excluded
Frito Lay	Grandma's Big Cookie - Oatmeal Raisin	Oatmeal Raisin	grain			does not have $> 50\%$ whole grain, one package has too many calories	cookie	Excluded
Frito Lay	RF Doritos (28g)	Cooler Ranch and Nacho Cheese flavors only	grain		yes		chips	Meets HVG
Frito Lay	Rold Gold - all varieties	all varieties	grains			does not have $\geq 50\%$ whole grain; too much sodium (450g)	pretzel	Excluded
Frito Lay - Baked	Baked Cheetos	all varieties - crunch, flamin' hot, fanstaix	grain			does not have $\geq 50\%$ whole grain	chips	Excluded

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Frito Lay - Baked	Baked Lays Doritos Nacho Cheese (21g)	Doritos Nacho Cheese	grain		yes		chips	Meets HVG
Frito Lay - Baked	Baked Tostitos Scoops (25g)	Tostitos Scoops	grain		yes		chips	Meets HVG
Frito Lay - Munchies	Munchies Ultimate Cheddar	n/a	grain			does not have >50% whole grain	chips	Excluded
Frito Lay - Quaker	Life Cereal - Cup (1.8 oz)	n/a	grain		yes		cereal	Meets HVG
Frito Lay - Quaker	Mini Rice Cakes	All flavors	grain		yes		other	Meets HVG
Frito Lay - Quaker	Quaker Chewy 90 Calorie Granola Bar (24g)	Chocolate Chunk, Peanut Butter, Oatmeal Raisin, Dark Chocolate Cherry flavors only	grain		yes		bar	Meets HVG
Frito Lay - Quaker	Quaker Quick Oats Tube	original - no sugar added	grain		yes		oatmeal	Meets HVG

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Frito Lay - Quaker	Quaker Reduced Sugar Granola Bar (24g)	Peanuts Butter Choc. Chip, Cookies and Cream, Smores flavors only	grain		yes		bar	Meets HVG
Frito Lay - Quaker Oats	Breakfast Cookie	Oatmeal Raisin, Apple Cinnamon	grain			too much sugar (14-15g)	cookie	Excluded
Frito Lay - Stacy's	Stacy's Pita Chips	all (even multigrain)	grains			does not have $\geq 50\%$ whole grain	chips	Excluded
Frito Lay - Sun Chips	Sun Chips Morning Mix Ups	Apple cinnamon multi-grain	grain		yes		chips	Meets HVG
Frito Lay -Baked	Baked Lays (25-32g)	Original, BBQ, SW Ranch, Parmesan, Cheddar Sour Cream, Sour Cream and Onion	grain		yes		chips	Meets HVG
Funky Monkey	Freeze Dried Fruit (.42 - 1.5 oz)	All varieties	Fruit	Yes			fruit snack	Meets HVG
Funley's	Super crackers	all varieties				does not have $\geq 50\%$ whole grain	crackers	Excluded

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Funley's	Wholly Granola Clusters	peanut butter pretzel, wild apple berry, double chocolate chip	grain		Yes		granola	Meets HVG
General Mills	Apple Cinnamon Cheerios Bar (40 g)	n/a	grain		yes		bar	Meets HVG
General Mills	Cheerios Cereal Cup/On the Go (1.8 oz)	Honey nuts, multi-grain, original	grain		Yes		cereal	Meets HVG
General Mills	Cinnamon Toast Crunch Cereal/Crisps (1.8 oz)	n/a	grain		Yes		cereal	Meets HVG
General Mills	Golden Grahams Cereal On-the-go (1 oz)	n/a	grains		yes		cereal	Meets HVG
General Mills	Kix - Cereal Bowl (33 g)	n/a	grain		Yes		cereal	Meets HVG
General Mills	Team Cheerios Strawberry Cereal bar (37g)	n/a	grain		yes		cereal	Meets HVG

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General Mills - Betty Crocker	Betty Crocker - Oatmeal Bar (35g)	Chocolate	grain		yes		bar	Meets HVG
General Mills - Chex	Chex Mix - all varieties	all varieties	grain			does not have $\geq 50\%$ whole grain	other	Excluded
General Mills - Gardetto's	Gardetto's - all varieties	Original, Reduced Fat, Chipolte Cheddar, etc	grain			does not have $\geq 50\%$ whole grain	other	Excluded
General Mills - LARABAR	LARABAR (45-48g)	Apple Pie, Blueberry, Cashew Cookie, Carrot Cake, Cherry Pie, Peanuts Butter Cookie	nuts, fruit	yes			bar	Meets HVG
General Mills - Sunkist	Sunkist - Fruit Flavored Snacks - Mixed Fruit	n/a	fruit			candy not made of real fruit, too much added sugar	fruit snack	Excluded
General Mills - Fiber One	Fiber One bar - Oats and Strawberry, Trail mix (40 g)	Only "Oats and Strawberry" and "Trail Mix"; All others varieties are too high in sat fat	grain		yes		bar	Meets HVG

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General Mills-Fiber One	Fiber One bars - All excluded except Oats and Strawberry, Trail mix	All varieties are excluded except Oats & Strawberry and Trail Mix	grain		yes	too much saturated fat	bar	Excluded
Genisoy	Potato Bakes	BBQ, Ranch	vegetable		yes		chips	Meets HVG
Genisoy	Soy Crisps	all varieties	grain			does not have $\geq 50\%$ whole grain	other	Excluded
Gnu Foods	Flavor and Fiber Bar (45 g)	All varieties	grain			has 12 g fiber, some have just a little more added sugar (11-12 g)	bar	Exception
Gnu Foods	Flavor and Fiber Bar(1.6oz)	all varieties	grain		Yes	Some have 11-12g sugar, but are exceptions as they have 12 g fiber	bar	Meets HVG
Golden Valley Natural	Jerky (1 oz)	All natural beef jerky, turkey jerky	meat	Yes			jerky	Meets HVG
Gorge Delights	Just Fruit Bars (40 g)	All Flavors	fruit		Yes		fruit snack	Meets HVG
Hail Merry	Grawnola (1.75 oz)	all	grain		Yes		granola	Meets HVG
Hail Merry	nuts and Seeds (1.75 oz)	all	nuts		yes		nuts/seeds/ trail mix	Meets HVG

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Hain Celestial Group	Garden Vegetable Chips/Straws	all varieties	vegetable			too much fat (46%)	chips	Excluded
Health Valley	Multigrain Chewy Granola Bars (29g)	Blueberry, Chocolate Chip, Double Chocolate Chip, Peanuts Crunch	grain		yes		bar	Meets HVG
Herr Foods	All pretzels - except those that have whole grain	all except whole grain pretzels	grain			does not have \geq 50% whole grain	pretzel	Excluded
Herr Foods	Popcorn - light (28g)	Light Popcorn	grain		Yes		popcorn	Meets HVG
Herr Foods	Whole Grain Honey Wheat Pretzels	whole grain only	grain		yes		pretzels	Meets HVG
Hi I'm Skinny	Multi-grain sticks	All varieties - multigrain	grain			too much fat (46-50%)	other	Excluded
J&J Snack Foods	Belly Bears Whole Grain Cinnamon Graham Crackers (1 oz)		grain		yes		crackers - graham	Meets HVG

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Jack Links	Beef Jerky (that has over 360 mg)	original, teriyaki, sweet and hot; all that have over 360 mg of sodium	meat			too much sodium (540 mg)	jerky	Excluded
Jack Links	Nuggets	all	meat			too much sodium (370 mg - 610)	jerky	Excluded
Jack Links	Peppered Jerky only (.9 oz)	Peppered jerky only (all others have too much sodium)	meat		yes		jerky	Meets HVG
Jack Links	Turkey Jerky	all that have over 360 mg of sodium	meat			too much sodium (441 mg)	jerky	Excluded
Jennie's	Coconuts Macaroons (2 oz - 1 cookie)	all flavors	fruit		yes		cookie	Meets HVG
Kar's	Goin' Granola	n/a	grain		yes		granola	Meets HVG
Kar's	Granola Trail mix (1.25 oz)	Granola Trail mix	grain		yes		granola	Meets HVG
Kar's	Nut n' Yogurt Trail Mix	n/a	nuts			contains candy	nuts/seeds/ trail mix	Excluded
Kar's	Original Trail Mix - Unsalted (1.5 oz)	n/a	nuts/fruit		yes		nuts/seeds/ trail mix	Meets HVG

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Kar's	Raisins (1 oz)	n/a	fruit	yes			fruit snack	Meets HVG
Kar's	Salted Almonds (1 oz)	n/a	nuts		yes		nuts/seeds/ trail mix	Meets HVG
Kar's	Salted Cashews (1 - 1.5 oz)	n/a	nuts		yes		nuts/seeds/ trail mix	Meets HVG
Kar's	Salted Peanuts (1 - 1.5 oz)	n/a	nuts		yes		nuts/seeds/ trail mix	Meets HVG
Kar's	Sweet and Salty Mix	n/a	nuts			contains candy covered chocolate, too much sugar (42%), too much saturated fat (19%)	nuts/seeds/ trail mix	Excluded
Kar's	Yogurt Apple Nut Mix	n/a	nuts			contains candy and added sugar	nuts/seeds/ trail mix	Excluded
Kar's	All Energy Trail Mix	n/a	nuts			too much added sugar (57%),	nuts/seeds/ trail mix	Excluded
Kar's	Blazin Hot Peanuts (1.5 oz)	n/a	peanuts			too much sodium (810 mg)	nuts/seeds/ trail mix	Excluded
Kar's	Cranberry Almond Delight	n/a	nuts/fruit		yes		nuts/seeds/ trail mix	Meets HVG
Kar's	Sunflower Kernels (2 oz)	n/a	seeds			too many calories in one serving (340 cal)	nuts/seeds/ trail mix	Excluded

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Kellogg's - Raisin Bran	Raisin Bran	original	grain			too much added sugar	cereal	Excluded
Kellogg's	All-bran Cereal (25-50 g)	Complete Wheat Flakes, Original	grain		yes		cereal	Meets HVG
Kellogg's	Frosted Flakes - Multigrain Reduced Sugar (28g)	Multigrain Reduced Sugar	grain		yes		cereal	Meets HVG
Kellogg's	Rice Krispies - Whole Grain Cereal Bowl (.81 oz)	Whole Grain Rice Krispies	grain		yes		cereal	Meets HVG
Kellogg's	Rice Krispies Cereal	n/a	grain			does not have \geq 50% whole grain, too much sugar (16-36g)	cereal	Excluded
Kellogg's	Rice Krispies Treats	n/a	grain			does not have >50% whole grain, too much sugar (16g)	bar	Excluded
Kellogg's - Austin	Austin - Zoo Animal Crackers	n/a	grain			does not have >50% whole grain	crackers - animal	Excluded
Kellogg's - Famous Amos	Famous Amos - Low Fat Iced Ginger Snaps	n/a	grain			does not have \geq 50% whole grain	cookie	Excluded

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Kellogg's - Kashi	Cereal Bar (35 g)	Blackberry Graham, Ripe Strawberry, Cherry Vanilla	grain		yes		bar	Meets HVG
Kellogg's - Kashi	Kashi Cereal (45 g)	Go Lean, Heart to Heart	grain		yes		cereal	Meets HVG
Kellogg's - Kashi	Kashi Chewy Granola bar (35 g)	Cherry Dark Chocolate, Dark Mocha Almond, Honey Almond Flax, Peanuts Peanuts Butter, Trail mix	grain		yes		bar	Meets HVG
Kellogg's - Kashi	Kashi Crunchy Granola Bars (40g)	Honey, Toasted, 7-Grain, Pumpkin Spiced Flax, Roasted Almond Crunch	grain		yes		bar	Meets HVG
Kellogg's - Kashi	Kashi Go Lean Bars	all	grain			does not have >50% whole grain	bar	Excluded

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Kellogg's - Kashi	Kashi GoLean Hot Cereal (40g)	All varieties	grain		yes		cereal	Meets HVG
Kellogg's - Kashi	Kashi Layered Granola Bar (32g)	Dark Chocolate Coconut, Peanuts Dark chocolate	grain		yes		bar	Meets HVG
Kellogg's - Kashi	Kashi Soft and Chewy Bars (40g)	Banana Chocolate Chip, Berry Muffin, Apple Cobbler	fruit, grain		yes		bar	Meets HVG
Kellogg's - Kashi	Kashi Soft Baked Squares (1.4 oz)	Chocolate, Almond, Honey Sunshine	grain		Yes		bar	Meets HVG
Kellogg's - Keebler	Keebler - Elfin Crackers	n/a	grain			too much sugar (13g)	crackers - animal	Excluded
Kellogg's - Keebler	Keebler - Scooby-Doo Graham Cracker Sticks	n/a	grains			does not have $\geq 50\%$ whole grain	crackers - graham	Excluded
Kellogg's - Keebler	Keebler Gripz Grahams Cinnamon (28g)	n/a	grain		yes		cereal	Meets HVG

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Kellogg's - Nutri Grain	Nutri Grain Bars	all varieties	grain			too much added sugar (12g)	bar	Excluded
Kellogg's - Nutri Grain	Nutri Grain Fruit Crunch Bars	apple cobbler, strawberry parfait	grain			too much added sugar (15g), too much saturated fat (4g)	bar	Excluded
Kellogg's - Pop Tarts	Pop Tarts	all varieties	grain			too much added sugar (15 g)	other	Excluded
Kellogg's - Special K	Special K Cereal Bars	all varieties	grain			does not have >50% whole grain	bar	Excluded
Kellogg's - Special K	Special K Cracker Chips (1.06 oz)	All flavors	vegetable		yes		chips	Meets HVG
Kellogg's - Special K	Special K Fruit/Pastry Crisps	all varieties	grain			does not have \geq 50% whole grain	bar	Excluded
Kellogg's - Special K	Special K Popcorn Chips	all varieties	grain			does not have \geq 50% whole grain	chips	Excluded
Kettle Brand	Baked Chips (40 g)	All varieties	vegetable		yes		chips	Meets HVG
Kettle Valley	Real Fruit Snack (.7 oz)	All varieties	fruit		yes		fruit snack	Meets HVG

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KIND	Healthy Grain Bar (35g)	Peanut Butter Dark Chocolate, Oats & Honey with Toasted Coconut, Maple Pumpkin Seeds with Sea Salt, Vanilla Blueberry	grain		yes	all varieties except dark chocolate chunk	bar	Meets HVG

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KIND	KIND BAR (40g) - those without any added oils (those without chocolate, coconut, and yogurt)	Cashew & Ginger Spice, Blueberry Vanilla & Cashew, Fruit & Nut Delight, Nut Delight, Almond Cashew w/ Flax, Pomegranate Bluberry Pistashio, Apple Cinnamon & Pecan, Almond Walnut Macadamia Nut, Peanut Butter & Strawberry, Madagascar Vanilla Almond, Maple Glzed Pecan & SeaSalt	nuts, fruit		yes	Some Kind bars are excluded based on added saturated fat - See 3a.	bar	Meets HVG

**Combined Snack List - Examples that do and do not meet the
King County Healthy Vending Guidelines**

Manufacturer/Brand	Product (up to the specific size listed)	Varieties	Food Group	Healthiest	Healthier	Notes	Snack Category	Meets HVG/Exception/Excluded
Kind	Kind bars that have added oil (typically those with chocolate, coconut, or yogurt in them)	Almond Coconut, Blueberry Pecan, Cranberry Almond, Dark Chocolate Cinnamon Pecan, Dark Chocolate and Cherry Cashew, Dark Chocolate Nuts and Sea Salt, Fruits & Nuts in Yogurt, Peanut Butter Dark Chocolate + Protein	nuts			these varieties have added oils, contributing to high levels of saturated fat (refer to 1a for Kind bars that meet HVG)	bar	Excluded
Kraft	100 Calorie Packs - all except wheat thins chips multigrain mini	Cheese Sportz Crackers	grain			does not have \geq 50% whole grain	crackers	Excluded

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Manufacturer/Brand	Product (up to the specific size listed)	Varieties	Food Group	Healthiest	Healthier	Notes	Snack Category	Meets HVG/ Exception/ Excluded
Kraft	Cornnuts (1.4 oz)	BBQ, Nacho Cheese, Original, Ranch (Chile Picante has too much sodium)	grain		yes		other	Meets HVG
Kraft	100 Calorie Packs - Cookies	Chips Ahoy Thin Crisps, Honey Maid Thins, Oreo Thins, Planter Peanut Butter Cookie Crisps, Shortbread Sportz Cookies	grain			does not have \geq 50% whole grain	cookie	Excluded
Kraft - HoneyMaid	Honey Maid Cookies Oatmeal Raisin Mini	n/a	grain			does not have >50% whole grain, 15g of sugar	cookie	Excluded
Kraft - Nabisco	(Food Service) Animal Crackers	n/a	grain			does not have \geq 50% whole grain	crackers - animal	Excluded
Kraft - Nabisco	Nabisco Honeymaid Cinnamon Graham Sticks	all	grain			does not have \geq 50% whole grain; plans to increase % of whole grain	crackers-graham	Excluded

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Manufacturer/Brand	Product (up to the specific size listed)	Varieties	Food Group	Healthiest	Healthier	Notes	Snack Category	Meets HVG/ Exception/ Excluded
Kraft - Nabisco	Nabisco Teddy Grahams (.5-1.25 oz)	Cinnamon, Chocolate	grain		yes		crackers - graham	Meets HVG
Kraft - Nabisco	Newton Fruit Crisps	all	grain			does not have $\geq 50\%$ whole grain	bar	Excluded
Kraft - Nabisco	RITZ Toasted Chips – all flavors	all varieties	grains			does not have $\geq 50\%$ whole grain	crackers	Excluded
Kraft - Nabisco	Wheat Thins (40g)	all varieties that do not exceed 360mg sodium in serving	grain		yes	50g bag has too much sodium (420g)	crackers	Meets HVG
Kraft - Nabisco	Wheat Thin - Toasted Chips	all varieties	grain			does not have $\geq 50\%$ whole grain	crackers	Excluded
Kraft - Planters	PLANTERS Peanuts (1 oz)	Honey Roasted Peanuts Dry Roasted, Salted Peanuts	nuts		yes		nuts/seeds/ trail mix	Meets HVG
Kraft - Planters	Salted nuts (1-1.75 oz)	honey roasted, salted cashews, salted peanuts	nuts		yes		nuts/seeds/ trail mix	Meets HVG

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King County Healthy Vending Guidelines**

Manufacturer/Brand	Product (up to the specific size listed)	Varieties	Food Group	Healthiest	Healthier	Notes	Snack Category	Meets HVG/Exception/Excluded
Lance	Seeds (2 oz)	Roasted Salted Sunflower Seeds	seeds		yes		nuts/seeds/trail mix	Meets HVG
Little Duck Organics	Tiny Fruits (1 oz)	All varieties	fruit	yes			fruit snack	Meets HVG
Lucy's	Cookies	All varieties	grain			too much sugar	cookie	Excluded
Made in Nature	Fusion (1 oz)	Apple cinnamon, antioxidant, tropical, mediterranean	fruit	yes			fruit snack	Meets HVG
Made in Nature	Organic Dried Fruit	All varieties	fruit	Yes			fruit snack	Meets HVG
Marablu Naturals	Crunch Bag (1.25 oz)	All varieties	nuts, fruit		yes		nuts/seeds/trail mix	Meets HVG
Mareblu Naturals	Crunch Bars (34g)	all	grain		yes		bar	Meets HVG
Mars, Inc	Combos	all	grain			does not have \geq 50% whole grain	other	Excluded
Matt's Munchies	Premium Fruit Snack (1 oz)	all varieties	fruit		yes		fruit snack	Meets HVG
Mediterranean Snacks	Baked Lentil Chips (1 oz)	all varieties	bean		yes		chips	Meets HVG

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Manufacturer/Brand	Product (up to the specific size listed)	Varieties	Food Group	Healthiest	Healthier	Notes	Snack Category	Meets HVG/ Exception/ Excluded
Medora Snacks	PopCorners - Whole Grain Varieties only (32g)	Twisted salt, sweet cinnamon, memphis BBQ	grain		yes		popcorn	Meets HVG
MET-Rx	Big 100 Meal Replacement Bar	all	grain			too many calories per serving (370), too much sugar (25 g)	bar	Excluded
Monogram Foods	Monogram Meat Snack - all varieties except Teriyaki Beef Steak	all except Teriyaki Beef Steak stick	meat		yes	too much sodium (much over 360mg)	jerky	Excluded
Monogram Foods	Monogram Meat Snack - Teriyaki Beef Steak (15g/1 stick)	Teriyaki Beef Steak Only	meat		yes		jerky	Meets HVG
Mr Nature	Fruit Mix, Happy Trail, Mix n yogurt	Fruit Mix, Happy Trail, Mix n yogurt	grain			has too much added sugar/candy	nuts/seeds/ trail mix	Excluded
Mr Nature	Oriental Mix	n/a	grain			does not have \geq 50% whole grain	nuts/seeds/ trail mix	Excluded
Mr. Nature	Fruit Mix 1.75 oz)	Fruit Mix	fruit		yes		fruit snack	Meets HVG

**Combined Snack List - Examples that do and do not meet the
King County Healthy Vending Guidelines**

Manufacturer/Brand	Product (up to the specific size listed)	Varieties	Food Group	Healthiest	Healthier	Notes	Snack Category	Meets HVG/ Exception/ Excluded
Mr. Nature	nuts (1 - 1.75 oz)	Salted Almonds, Salted Cashew, Salted Peanuts	nuts		yes		nuts/seeds/ trail mix	Meets HVG
Mr. Nature	nuts and Fruit Trail Mix (1 - 1.75 oz)	Unsalted Trail Mix, Unsalted Energizer Mix, Unsalted Aloha Mix	nuts, fruit		yes		nuts/seeds/ trail mix	Meets HVG
Mr. Nature	Raisins (1.75 oz)	Raisins	fruit	yes			nuts/seeds/ trail mix	Meets HVG
Mrs. Mays	Mini-Crunch Bags (.71 oz), Sesame Strips (1.2 oz) Trio Bar (35 g)	all varieties	nuts, seed		yes	Crunch varieties in 2.0 oz bags have too many calories	nuts/seeds/ trail mix	Meets HVG
Musselman's	Healthy Picks Applesauce (4 oz)	blueberry pomegranate, key lime cupuacu, raspberry acai	fruit	yes			fruit cup	Meets HVG
Musselman's	Organic Unsweetened Applesauce (4 oz)	unsweetened	fruit	yes			fruit cup	Meets HVG

**Combined Snack List - Examples that do and do not meet the
King County Healthy Vending Guidelines**

Manufacturer/Brand	Product (up to the specific size listed)	Varieties	Food Group	Healthiest	Healthier	Notes	Snack Category	Meets HVG/ Exception/ Excluded
Musselman's	Totally Fruit Applesauce (4 oz)	apple, peach, strawberry applesauce	fruit		Yes		fruit cup	Meets HVG
Nancy's	Cottage Cheese Fruit on Top (8 oz)	Pear, Strawberry, Peach	dairy	yes			dairy - cottage cheese	Meets HVG
Nature Valley	Chewy Granola Bars	all	grain			too much added sugar (12 g)	bar	Excluded
Nature Valley	Crunchy Granola bars - apple crisp, roasted almond, peanut butter only	apple crisp, roasted almond, peanut butter only	grains			only have 11g sugar and are whole grain	bar	Exception
Nature Valley	Roasted nuts Crunch (35 g)	Almond Crunch, Peanuts Crunch	nuts		yes		nuts/seeds/ trail mix	Meets HVG
Nature Valley	Sweet and Salty Nut	n/a	grain			too much added sugar (14g)	bar	Excluded
Nature Valley	Yogurt Chewy Granola Bars	n/a	grain			too much added sugar (14g)	bar	Excluded

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King County Healthy Vending Guidelines**

Manufacturer/Brand	Product (up to the specific size listed)	Varieties	Food Group	Healthiest	Healthier	Notes	Snack Category	Meets HVG/ Exception/ Excluded
Nature Valley	Crunchy Granola Bars - Cinnamon, Maple brown sugar, Oats' n Dark Chocolate, Pecan Crunch, Dark Chocolate Peanut Butter	Varieties - Cinnamon, Maple brown sugar, Oats' n Dark Chocolate, Pecan Crunch, Dark Chocolate Peanut Butter,	grain			these varieties have too much added sugar (12g); Apple crisp, roasted almond, peanut butter are exceptions.	bar	Excluded
Nature's Bakery	fig bars	all flavors	fig bars			too much added sugar (20g)	cookie	Excluded
New England Country Foods	Country Soup (1 cup)	Nana's Chicken Soup, Caribbean Black Bean Soup, Yankee White Bean Soup	bean, meat		yes		other	Meets HVG
Norma's Bakery	Smart Bites Treats/Bars/Cookie	all	grain			too much added sugar (11g - 16g), cannot find ingredient list to see if any wholegrain	bar	Excluded
Oberto	Beef Jerky	all varieties	meat			too much added sodium (400 mg +)	jerky	Excluded

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King County Healthy Vending Guidelines**

Manufacturer/Brand	Product (up to the specific size listed)	Varieties	Food Group	Healthiest	Healthier	Notes	Snack Category	Meets HVG/ Exception/ Excluded
Odwalla	Chewy nuts Bar - Sweet and Salty Almond (1.6 oz)	Sweet and Salty Almond Bar	nuts		yes		bar	Meets HVG
Odwalla	Nourishing Bar - Dark Chocolate Chip Walnut (56 g)	Dark Chocolate Chip Walnut Bar	grains		yes	only have 11g sugar and are whole grain	bar	Exception
Odwalla	Odwalla Bars	all varieties	bar			too much added sugar	bar	Excluded
Organic Food Bar	Organic Food Bar Kids (38 g)	Keerunch, Ooatmeal, Ooohmega	nuts, fruit		yes		bar	Meets HVG
Otis Spunkmeyer	Delicious Essentials Muffins (1.8 oz)	all varieties	grain			too much added sugar (14g), but does have 51% whole grain	pastry	Excluded
Peeled Snacks	Organic Apple Clusters	All varieties	fruit			has too much added sugar	fruit snack	Excluded
Peeled Snacks	Organic Dried Fruit (35-42g)	All varieties	fruit	Yes			fruit snack	Meets HVG
Pepperidge Farm	Baked Naturals - cracker chips simply multigrain	all varieties	grain			does not have \geq 50% whole grain	crackers	Excluded

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King County Healthy Vending Guidelines**

Manufacturer/Brand	Product (up to the specific size listed)	Varieties	Food Group	Healthiest	Healthier	Notes	Snack Category	Meets HVG/ Exception/ Excluded
Pepperidge Farm	Goldfish - Whole Grain (.75 oz)	Whole Grain Cheddar Goldfish	grain		yes		crackers	Meets HVG
Pepperidge Farm	Goldfish (that are not whole grain)	all varieties that are not labeled "whole grain"	grain			does not have >50% whole grain	crackers	Excluded
Pepperidge Farm	Goldfish PhyEdibles (.9 oz) (animal crackers)	Lemon and Strawberry	grain		yes		crackers - animal	Meets HVG
Perky Jerky	Jerky (2.2 oz)	Turkey - all varieties, Beef - Hot and bothered and teriyaki	meat		Yes		jerky	Meets HVG
Perky Jerky	Jerky - Turkey Original (2.2 oz)			yes			jerky	Meets HVG
Pirate Brands	Pirate Booty, Veggie Booty	all varieties	grain			does not have \geq 50% whole grain	other	Excluded
Popchips	Katy Kettle Corn (1 oz)	n/a	grain		yes		popcorn	Meets HVG

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King County Healthy Vending Guidelines**

Manufacturer/Brand	Product (up to the specific size listed)	Varieties	Food Group	Healthiest	Healthier	Notes	Snack Category	Meets HVG/ Exception/ Excluded
Popchips	Popchips (.8 oz)	BBQ, Original, Sea Salt & Vinegar, Sour Cream & Onion flavors only	grain		yes		chips	Meets HVG
Popchips	Tortilla Chips (1 oz)	all varieties	grains		yes		chips	Meets HVG
Popcorn Indiana	Chipins	All varieties	grain		yes		chips	Meets HVG
Popcorn Indiana	Fit Popcorn	All varieties	grains		yes		popcorn	Meets HVG
Popcorn Indiana	Popcorn (2 cups/1.25 oz)	Butter/SeaSalt/KettleCorn	grain		Yes		popcorn	Meets HVG
Popcorners	Popped Corn Chips	all varieties	grain			does not have $\geq 50\%$ whole grain	chips	Excluded
ProMax	Fit N Crisp (1.36 oz)	vanilla marshmallow, cinnamon crunch	grain		Yes		bar	Meets HVG
Pure	Organic Bars	all varieties	fruit			too much added sugar	fruit snack	Excluded
Pure	Pure Ancient Grain Bars (35g)	Chocolate Chunk Nut, Triple Berry Nut	grain		Yes		bar	Meets HVG

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King County Healthy Vending Guidelines**

Manufacturer/Brand	Product (up to the specific size listed)	Varieties	Food Group	Healthiest	Healthier	Notes	Snack Category	Meets HVG/ Exception/ Excluded
Pure	Pure Fruit and Veggie Strips/Sandwich	all varieties	fruit			too much added sugar	fruit snack	Excluded
Quaker Oats	Cinnamon Toast Crunch BAR	n/a	grain			does not have >50% whole grain	chips	Excluded
Quaker Oats	Oatmeal Express/Instant Quaker Oatmeal	all varieties	grain			too much sugar (17g)	other	Excluded
Quaker Oats	Oatmeal to Go Bars	ex: flavor blasted, graham, pretzel	grain			too much sugar (19g)	cereal	Excluded
Quaker Oats	Quaker Oats - Instant Oatmeal (1.25 oz)	Original	grain	yes			oatmeal	Meets HVG
Raw Revolution	Organic Life Food Bars (22-51g)	All varieties	nuts, fruit		Yes	raw food, expensive	bar	Meets HVG
Real Mccoys	Rice Chips	all varieties	grain			does not have \geq 50% whole grain, too much fat (42%)	chips	Excluded
Real MCCoys	Rice Chips, Rice puffs	All varieties	grain		Yes		chips	Meets HVG

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King County Healthy Vending Guidelines**

Manufacturer/Brand	Product (up to the specific size listed)	Varieties	Food Group	Healthiest	Healthier	Notes	Snack Category	Meets HVG/ Exception/ Excluded
Real McCoys	Wheat Berry Chips	all varieties	grain			too much fat (40%)	chips	Excluded
Rhythm Superfoods	Kale Chips (2 oz)	All varieties	vegetable, nuts		Yes		vegetable snack	Meets HVG
Rhythm Superfoods	Sweet Potato Chips (1 oz)	Hickory BBQ, Sea Salt	vegetable		yes		chips	Meets HVG
Sahale Snacks	nuts and fruit mixes (1.5 oz) - all varieties	all, including California Almonds + Sea Salt, Classic Fruit + nuts Blend, Almonds with Cranberries, Honey + Sea Salt and Cashews with Pomegranate + Vanilla	nuts, fruit		yes		nuts/seeds/ trail mix	Meets HVG
San Franola	Granola (1.55 oz)	Freshly Roasted with and without raisins	grain		Yes		granola	Meets HVG
Seapoint Farms	Dry roasted edamame (1 oz)	Dry Roasted Edamame - lightly salted or wasabi flavors	vegetable		yes		vegetable snack	Meets HVG

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Sensible Foods Crunch	Dried Fruit and Vegetables (.35-75 oz)	All varieties - fruits and vegetables	fruit, vegetables	yes			fruit snack	Meets HVG
Simple Squares	Organic Snack Bars (1.6 oz)	All varieties	nuts		Yes		bar	Meets HVG
Skout Natural Foods	Skout Trailbar (50g)	Organic Blueberry Almond, Organic Apple Cinnamon flavors only	fruit, grain, nuts		yes		bar	Meets HVG
SmartFood	Reduced Fat White Cheddar Popcorn (.875 oz)	Reduced Fat	grain		Yes		popcorn	Meets HVG
SmartFood	Hummus Popped Chips (1.0 oz)	All flavors	grain		Yes		chips	Meets HVG
SmartFood	Whole Grain Popped Chips (1.0 oz)	All flavors	grain		Yes		chips	Meets HVG
SmartFood Selects	Popcorn - all varieties, except reduced fat cheddar	all varieties, except reduced fat cheddar	grain			too much added fat	popcorn	Excluded

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Snack Club	Energizer Trail Mix	n/a	nuts			contains candy and added sugar	nuts/seeds/ trail mix	Excluded
Snak King	The Whole Earth Kettle Corn (28g)	28 g	grain		yes		popcorn	Meets HVG
Snak King	The Whole Earth Multigrain Chips (35g)	Spicy Nacho	grain		yes		chips	Meets HVG
Snikiddy	Cheese Puffs, Baked Fries	all varieties	grain			does not have >50% whole grain	chips	Excluded
Snikiddy	Eat your vegetables	all varieties	bean/vegetable			too much added fat	other	Excluded
Snyder's of Hanover	Pretzels - all varieties	all varieties	grain			does not have \geq 50% whole grain	pretzel	Excluded
Somersault Snacks	Somersault (1 oz)	All varieties	Grain			little added sugar, some whole grain	other	Exception
Special K	Cereal Bars	All flavors	grains			does not have \geq 50% whole grain	bar	Excluded
Star Bars	Raw superfood bars	all varieties	nut, fruit		yes		bar	Meets HVG
Stoneyfield Farm	Organic Yogurt (6 oz)	All flavors	dairy		yes		dairy - yogurt	Meets HVG
Stretch Island	Fruit chews (1 oz)	all flavors	fruit		yes		fruit snack	Meets HVG
Stretch Island	Fruit Strips (.5 oz)	all flavors	fruit		yes		fruit snack	Meets HVG

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Stretch Island	FruitaBu Smooshed Fruit Rolls (0.7 oz)	all flavors	fruit		yes		fruit snack	Meets HVG
Sun-Maid	Raisins	Original	fruit	yes			fruit snack	Meets HVG
Sunrich Naturals	nuts/Seeds (1 oz)	all flavors	nuts, seeds		yes		nuts/seeds/ trail mix	Meets HVG
SunRype	Fruit Source	all varieties	fruit			too much added sugar	fruit snack	Excluded
Sunshine - Cheez-It	Cheez-It - all varieties including whole grain	All types - including honey wheat	grain			does not have \geq 50% whole grain	crackers	Excluded
Sunsweet	dried Fruit (1 oz) - 60 and 70 calorie packs	Mediterranean Apricots, Pitted Prunes	fruit	yes			fruit snack	Meets HVG
Tastemorr	Soy Crispeez - Apple Cinamon& BBQ only (1.3 oz)	Apple Cinnamon and BBQ only	bean		yes		other	Meets HVG
Terra Chips	Chips	All varieties	vegetable			too much added fat	chips	Excluded
That's It	That's It - Fruit Bar	all flavors	fruit	yes			fruit snack	Meets HVG
Tim's Chips	Erin's Original Popcorn	Original only	grain			has just a litle too much fat (38%)	popcorn	Exception

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Manufacturer/Brand	Product (up to the specific size listed)	Varieties	Food Group	Healthiest	Healthier	Notes	Snack Category	Meets HVG/Exception/Excluded
Tim's Chips	Erin's White Cheddar Popcorn	n/a	grain			too much fat (47%)	popcorn	Excluded
Trails Best	Double Salami	n/a	meat			too much sodium (630 mg)	Jerky	Excluded
Trophy Farm	nuts and trail mix with fruit (1 oz)	All	nuts, fruits		yes		nuts/seeds/trail mix	Meets HVG
Veggie Go's	fruit and vegetable bars	All Flavors	fruit, vegetable	Yes			bar	Meets HVG
Wailana	Cassava Chips	all varieties	vegetable			too much added fat	chips	Excluded
Wailana	Fruit and nuts bars (2oz)	All flavors	fruit, nut	Yes			nuts/seeds/trail mix	Meets HVG
Welch's	Fruit Snacks - all types	all varieties	fruit			imitation fruit, too much sugar (42%)	Fruit snack	Excluded
Wilcox	Hard Boiled 2-pack eggs	Cage free and organic eggs available	egg	Yes		Evergreen vending, work with Canteen	eggs	Meets HVG
Wondrously Raw Gourmet	Coco-Roons	All varieties	fruit			Too much saturated fat, according to American Dietary Guidelines	fruit snack	Excluded
Wonderful	Pistashios, Almonds (1.5 oz)	All varieties	nuts		yes		nuts/seeds/trail mix	Meets HVG

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Wonderfully Raw Gourmet Delights	Snip Chips and Brussel Bytes (2 oz)	All varieties	vegetable, fruit, nuts		Yes	raw food, shelf life is 6 months	vegetable snack	Meets HVG
Yumnuts	Cashews (.75 oz)	All varieties	nuts		Yes		nuts/seeds/trail mix	Meets HVG