

3a. Snacks examples that DO NOT MEET the King County Healthy Vending Guidelines

Manufacturer/ Brand	Product Name	Varieties	Food Group	Notes	Snack Category
CLIF	Builder, CLIF, Luna	All varieties	grain	too much added sugar (11g)	bar
CLIF	CLIF Z Bar	Chocolate Chip, Iced Oatmeal Cookie, Monster Chocolate Mint, S'mores	grain	too much added sugar (12g); Chocolate Brownie, Peanut Butter, and Honey Graham are on the exceptions list as they have 10g-11g sugar	bar
CLIF	Crunch Granola Bar	All varieties	grain	too much fat (47%)	bar
CLIF	Mojo Bar	All varieties	grain	does not have >50% whole grain	bar
Corozonas	Oatmeal Squares	All varieties	grain	Too much added sugar (13g)	bar
Darlington	Whole Grain Breakfast Squares (1.5 oz)	Apple Granola, Iced Cinnamon	grain	too much sugar (13 g)	bar
Fieldstone Bakery	Chewy Granola bars - all	All varieties	grain	too much saturated fat (20%)	bar
Fieldstone Bakery	Fruit and Grain Bars	All varieties	grain	too much sugar	bar
General Mills- Fiber One	Fiber One bars - All excluded except Oats and Strawberry, Trail mix	All varieties are excluded except Oats & Strawberry and Trail Mix	grain	too much saturated fat	bar
Kellogg's	Rice Krispies Treats	n/a	grain	does not have >50% whole grain, too much sugar (16g)	bar
Kellogg's - Kashi	Kashi Go Lean Bars	all	grain	does not have >50% whole grain	bar
Kellogg's - Nutri Grain	Nutri Grain Bars	all varieties	grain	too much added sugar (12g)	bar
Kellogg's - Nutri Grain	Nutri Grain Fruit Crunch Bars	apple cobbler, strawberry parfait	grain	too much added sugar (15g), too much saturated fat (4g)	bar
Kellogg's - Special K	Special K Cereal Bars	all varieties	grain	does not have >50% whole grain	bar
Kellogg's - Special K	Special K Fruit/Pastry Crisps	all varieties	grain	does not have \geq 50% whole grain	bar

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Kind	Kind bars that have added oil (typically those with chocolate, coconut, or yogurt in them)	Almond Coconut, Blueberry Pecan, Cranberry Almond, Dark Chocolate Cinnamon Pecan, Dark Chocolate and Cherry Cashew, Dark Chocolate Nuts and Sea Salt, Fruits & Nuts in Yogurt, Peanut Butter Dark Chocolate + Protein	nuts	these varieties have added oils, contributing to high levels of saturated fat (refer to 1a for Kind bars that meet HVG)	bar
Kraft - Nabisco	Newton Fruit Crisps	all	grain	does not have \geq 50% whole grain	bar
MET-Rx	Big 100 Meal Replacement Bar	all	grain	too many calories per serving (370), too much sugar (25 g)	bar
Nature Valley	Chewy Granola Bars	all	grain	too much added sugar (12 g)	bar
Nature Valley	Sweet and Salty Nut	n/a	grain	too much added sugar (14g)	bar
Nature Valley	Yogurt Chewy Granola Bars	n/a	grain	too much added sugar (14g)	bar
Nature Valley	Crunchy Granola Bars - Cinnamon, Maple brown sugar, Oats' n Dark Chocolate, Pecan Crunch, Dark Chocolate Peanut Butter	Varieties - Cinnamon, Maple brown sugar, Oats' n Dark Chocolate, Pecan Crunch, Dark Chocolate Peanut Butter,	grain	these varieties have too much added sugar (12g); Apple crisp, roasted almond, peanut butter are exceptions.	bar
Norma's Bakery	Smart Bites Treats/Bars/Cookie	all	grain	too much added sugar (11g - 16g), cannot find ingredient list to see if any wholegrain	bar
Odwalla	Odwalla Bars	all varieties	bar	too much added sugar	bar
Special K	Cereal Bars	All flavors	grains	does not have \geq 50% whole grain	bar
Farley's & Sathers	Now & Later's, Mixed Fruit Snacks	all	fruit	candy not made of real fruit, too much added sugar	candy

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Kellogg's - Raisin Bran	Raisin Bran	original	grain	too much added sugar	cereal
Kellogg's	Rice Krispies Cereal	n/a	grain	does not have $\geq 50\%$ whole grain, too much sugar (16-36g)	cereal
Quaker Oats	Oatmeal to Go Bars	ex: flavor blasted, graham, pretzel	grain	too much sugar (19g)	cereal
Boulder Canyon	Bean and Adzuki	All varieties	grain	too much fat (43%), does not have $\geq 50\%$ whole grain (bean is 5th ingredient)	chips
Boulder Canyon	Kettle Cookied Potato Chips	All varieties	vegetable	too much added fat (42%)	chips
Food Should Taste Good	Tortila Chips	All varieties - Jalapeno, Olive, Multigrain, etc	grains	does not have $\geq 50\%$ whole grain	chips
Frito Lay - Baked	Baked Cheetos	all varieties - crunch, flamin' hot, fanstaix	grain	does not have $\geq 50\%$ whole grain	chips
Frito Lay - Munchies	Munchies Ultimate Cheddar	n/a	grain	does not have $> 50\%$ whole grain	chips
Frito Lay - Stacy's	Stacy's Pita Chips	all (even multigrain)	grains	does not have $\geq 50\%$ whole grain	chips
Hain Celestial Group	Garden Vegetable Chips/Straws	all varieties	vegetable	too much fat (46%)	chips
Kellogg's - Special K	Special K Popcorn Chips	all varieties	grain	does not have $\geq 50\%$ whole grain	chips
Popcorners	Popped Corn Chips	all varieties	grain	does not have $\geq 50\%$ whole grain	chips
Quaker Oats	Cinnamon Toast Crunch BAR	n/a	grain	does not have $> 50\%$ whole grain	chips
Real Mccoys	Rice Chips	all varieties	grain	does not have $\geq 50\%$ whole grain, too much fat (42%)	chips
Real McCoys	Wheat Berry Chips	all varieties	grain	too much fat (40%)	chips
Snikiddy	Cheese Puffs, Baked Fries	all varieties	grain	does not have $> 50\%$ whole grain	chips
Terra Chips	Chips	All varieties	vegetable	too much added fat	chips

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Wailana	Cassava Chips	all varieties	vegetable	too much added fat	chips
Barbara's	Snackimals Animal Cookies	all varieties	grain	all flavors except oatmeal does not have whole grain, oatmeal has too much added fat, 1 oz = 2 servings that has too many calories and sugar	cookie
BuzzStrong's Bakery	Cookies	All varieties	grain	too much sugar, not whole grain	cookie
Frito Lay	Grandma's Big Cookie - Oatmeal Raisin	Oatmeal Raisin	grain	does not have >50% whole grain, one package has too many calories	cookie
Frito Lay - Quaker Oats	Breakfast Cookie	Oatmeal Raisin, Apple Cinnamon	grain	too much sugar (14-15g)	cookie
Kellogg's - Famous Amos	Famous Amos - Low Fat Iced Ginger Snaps	n/a	grain	does not have \geq 50% whole grain	cookie
Kraft	100 Calorie Packs - Cookies	Chips Ahoy Thin Crisps, Honey Maid Thins, Oreo Thins, Planter Peanut Butter Cookie Crisps, Shortbread Sportz Cookies	grain	does not have \geq 50% whole grain	cookie
Kraft - HoneyMaid	Honey Maid Cookies Oatmeal Raisin Mini	n/a	grain	does not have >50% whole grain, 15g of sugar	cookie
Lucy's	Cookies	All varieties	grain	too much sugar	cookie
Nature's Bakery	fig bars	all flavors	fig bars	too much added sugar (20g)	cookie
Annie's Homegrown	Bunnies - Cheddar	any that are not "whole wheat"	grain	does not have \geq 50% whole grain	crackers
Funley's	Super crackers	all varieties		does not have \geq 50% whole grain	crackers
Kraft	100 Calorie Packs - all except wheat thins chips multigrain mini	Cheese Sportz Crackers	grain	does not have \geq 50% whole grain	crackers

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Kraft - Nabisco	RITZ Toasted Chips – all flavors	all varieties	grains	does not have \geq 50% whole grain	crackers
Kraft - Nabisco	Wheat Thin - Toasted Chips	all varieties	grain	does not have \geq 50% whole grain	crackers
Pepperidge Farm	Baked Naturals - cracker chips simply multigrain	all varieties	grain	does not have \geq 50% whole grain	crackers
Pepperidge Farm	Goldfish (that are not whole grain)	all varieties that are not labeled "whole grain"	grain	does not have $>$ 50% whole grain	crackers
Sunshine - Cheez-It	Cheez-It - all varieties including whole grain	All types - including honey wheat	grain	does not have \geq 50% whole grain	crackers
Kellogg's - Austin	Austin - Zoo Animal Crackers	n/a	grain	does not have $>$ 50% whole grain	crackers - animal
Kellogg's - Keebler	Keebler - Elfin Crackers	n/a	grain	too much sugar (13 g)	crackers - animal
Kraft - Nabisco	(Food Service) Animal Crackers	n/a	grain	does not have \geq 50% whole grain	crackers - animal
Kellogg's - Keebler	Keebler - Scooby-Doo Graham Cracker Sticks	n/a	grains	does not have \geq 50% whole grain	crackers - graham
Kraft - Nabisco	Nabisco Honeymaid Cinnamon Graham Sticks	all	grain	does not have \geq 50% whole grain; plans to increase % of whole grain	crackers- graham
Dang	Coconut Chips	All	fruit	Too much saturated fat, according to American Dietary Guidelines	fruit snack
General Mills - Sunkist	Sunkist - Fruit Flavored Snacks - Mixed Fruit	n/a	fruit	candy not made of real fruit, too much added sugar	fruit snack
Peeled Snacks	Organic Apple Clusters	All varieties	fruit	has too much added sugar	fruit snack
Pure	Organic Bars	all varieties	fruit	too much added sugar	fruit snack
Pure	Pure Fruit and Veggie Strips/Sandwich	all varieties	fruit	too much added sugar	fruit snack

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SunRype	Fruit Source	all varieties	fruit	too much added sugar	fruit snack
Welch's	Fruit Snacks - all types	all varieties	fruit	imitation fruit, too much sugar (42%)	Fruit snack
Wonderfully Raw Gourmet	Coco-Roons	All varieties	fruit	Too much saturated fat, according to American Dietary Guidelines	fruit snack
Jack Links	Beef Jerky (that has over 360 mg)	original, teriyaki, sweet and hot; all that have over 360 mg of sodium	meat	too much sodium (540 mg)	jerky
Jack Links	Nuggets	all	meat	too much sodium (370 mg - 610)	jerky
Jack Links	Turkey Jerky	all that have over 360 mg of sodium	meat	too much sodium (441 mg)	jerky
Monogram Foods	Monogram Meat Snack - all varieties except Teriyaki Beef Steak	all except Teriyaki Beef Steak stick	meat	too much sodium (much over 360mg)	jerky
Oberto	Beef Jerky	all varieties	meat	too much added sodium (400 mg +)	jerky
Trails Best	Double Salami	n/a	meat	too much sodium (630 mg)	Jerky
Kar's	Nut n' Yogurt Trail Mix	n/a	nuts	contains candy	nuts/seeds/ trail mix
Kar's	Sweet and Salty Mix	n/a	nuts	contains candy covered chocolate, too much sugar (42%), too much saturated fat (19%)	nuts/seeds/ trail mix
Kar's	Yogurt Apple Nut Mix	n/a	nuts	contains candy and added sugar	nuts/seeds/ trail mix
Kar's	All Energy Trail Mix	n/a	nuts	too much added sugar (57%),	nuts/seeds/ trail mix
Kar's	Blazin Hot Peanuts (1.5 oz)	n/a	peanuts	too much sodium (810 mg)	nuts/seeds/ trail mix
Kar's	Sunflower Kernels (2 oz)	n/a	seeds	too many calories in one serving (340)	nuts/seeds/ trail mix
Mr Nature	Fruit Mix, Happy Trail, Mix n yogurt	Fruit Mix, Happy Trail, Mix n yogurt	grain	has too much added sugar/candy	nuts/seeds/ trail mix

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Mr Nature	Oriental Mix	n/a	grain	does not have $\geq 50\%$ whole grain	nuts/seeds/ trail mix
Snack Club	Energizer Trail Mix	n/a	nuts	contains candy and added sugar	nuts/seeds/ trail mix
Deep River Snacks	Baked Fries	Jalapeno, Mesquite BBQ	grain	does not have $\geq 50\%$ whole grain	other
Deep River Snacks	Baked Fries	Jalapeno & Cheddar, Mesquite BBQ	grain	does not have $\geq 50\%$ whole grain	other
General Mills - Chex	Chex Mix - all varieties	all varieties	grain	does not have $\geq 50\%$ whole grain	other
General Mills - Gardetto's	Gardetto's - all varieties	Original, Reduced Fat, Chipolte Cheddar, etc	grain	does not have $\geq 50\%$ whole grain	other
Genisoy	Soy Crisps	all varieties	grain	does not have $\geq 50\%$ whole grain	other
Hi I'm Skinny	Multi-grain sticks	All varieties - multigrain	grain	too much fat (46-50%)	other
Kellogg's - Pop Tarts	Pop Tarts	all varieties	grain	too much added sugar (15 g)	other
Mars, Inc	Combos	all	grain	does not have $\geq 50\%$ whole grain	other
Pirate Brands	Pirate Booty, Veggie Booty	all varieties	grain	does not have $\geq 50\%$ whole grain	other
Quaker Oats	Oatmeal Express/Instant Quaker Oatmeal	all varieties	grain	too much sugar (17g)	other
Snikiddy	Eat your vegetables	all varieties	bean/veget able	too much added fat	other
Fieldstone Bakery	Delight Pastries	All varieties	grain	too many calories and sugar	pastry
Otis Spunkmeyer	Delicious Essentials Muffins (1.8 oz)	all varieties	grain	too much aded sugar (14g), but does have 51% whole grain	pastry
479- Premium Artisan Pc	Popcorn	All flavors	grain	varieties contain either too much fat or sugar	popcorn

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SmartFood Selects	Popcorn - all varieties, except reduced fat cheddar	all varieties, except reduced fat cheddar	grain	too much added fat	popcorn
Tim's Chips	Erin's White Cheddar Popcorn	n/a	grain	too much fat (47%)	popcorn
Frito Lay	Rold Gold - all varieties	all varieties	grains	does not have $\geq 50\%$ whole grain; too much sodium (450g)	pretzel
Herr Foods	All pretzels - except those that have whole grain	all except whole grain pretzels	grain	does not have $\geq 50\%$ whole grain	pretzel
Snyder's of Hanover	Pretzels - all varieties	all varieties	grain	does not have $\geq 50\%$ whole grain	pretzel