

### 1b. Beverage examples that meet the King County Healthy Vending Guidelines

Manufacturer/ Brand	Product	Varieties	Healthiest	Healthier	Notes	Beverage Category
Any	unflavored $\geq$ 1% milk		yes			milk
Any	plain water		yes			water
Any	Diet soda			yes		diet carbonated beverage
Any	100% Juice (Apple, Orange, etc) (up to 12 oz)	up to 12 oz		yes		juice
Any	flavored $>$ 1% milk			yes		milk
Campbell	V8 - low sodium (original or spicy hot)	original or spicy hot		yes		juice
Uncle Matt's	Organic Juice (12 oz)	Orange, Grapefruit, Apple (lemonade has added sugar, not 100% juice)		yes	it's 12 oz and has a 70 day shelf life	juice
Snapple	Diet drinks	diet drinks		yes		juice/tea
Lipton	Diet Green Tea Citrus			yes		tea
Runa	Unsweetened organic guayusa tea	Lime, guava		yes		tea
Glaceau	Vitamin Water - ZERO	All ZERO varieties		Yes	zero calories	vitamin water
La Croix	Flavored Sparkling Water	All varieties		Yes	no artificial flavors - uses essence oils extracted from fruit	water
Perrier	Sparkling Water	All flavors - original, lemon, grapefruit		yes		water