

Healthy Food & Beverage Policy

Position Statement:

Low Income Housing Institute (LIHI) provides affordable housing and supportive services to over 10,000 men, women and children. We manage innovative programs to house families, veterans, seniors, young adults, and homeless people. Majority of the population LIHI serves is affected by food insecurity, and struggles with accessing nutritious food and beverages. In an effort to help increase access to nutritious food and beverages among low income communities we work with, whenever possible LIHI will strive to promote health and wellness by providing healthy food and beverage choices at our sites and LIHI-sponsored events and community gatherings.

Therefore LIHI will:

- Work towards stocking vending machines with 50% healthy snack and beverages based on the [King County Healthy Vending Guidelines](#). Vendors will be asked to label the healthy vending items, place them at eye level and next to each other, and to price the healthy vending items at the same price or less than the other vending items, when possible.
- Provide [healthy foods and beverage options](#) whenever possible at LIHI sponsored events.
- Discourage provision of sugary beverages to children and young adults under 21 for company sponsored activities.
- Encourage healthy food and beverage options when prizes or giveaways to residents, employees or event attendees are provided by the company.